

Events at Marshall Library

January 2019

The Library Will Be Closed all day Tuesday January 1st

Tues. 8th, 5-7pm: Paper Crafting Club Make cards and other crafts with us! We supply tools and techniques. Next meetings: Jan. 8th, Feb. 12th

Mon. 14th, 6-7pm: Keto Cook & Share

A Cook and Share is way to bring people together to share great food and great ideas!

Everyone brings a dish to share, and Tupperware to take some of each person's dish home.

Everyone brings the recipe they used to cook their dish, and takes home a copy of all recipes.

What's KETO? Very simply put, "keto" is short for "ketosis," a metabolic state achieved over time by eating food with very few carbohydrates. The keto diet can be a fantastic way to lose weight and break your addiction to carbs and sugar. (We will have lots of recipe books for you.)

What to Bring:

- **A low-carb dish to share (please bring a serving utensil too).**
- **The recipe to make your dish (we'll make photocopies for everyone).**
- **Tupperware (so you can take home several dishes to try).**

Tues. 22nd, 6-8pm: Book Club

At this meeting, we will vote on whether to continue our current meeting schedule, and on which books we will discuss at the next 4-6 meetings.

We will also discuss *The Bear and the Nightingale* by Katherine Arden.

Tues. 29th, 6-8pm Jewelry Making for Teens & Adults

Let your creative side shine. All materials provided.

Open to ages 13+. No fee.

YOUR ART WANTED
For the Upcoming
4th Annual
Fine Art Show of Marshall

Mon. Feb. 11th: Deadline to submit entries for the Art Show. No entry fee. Open to all WI artists ages 16+. Prizes in 8 categories. See marlib.org for rules and details.

Sat. Feb. 16th: Fine Arts Show 1-3pm
(awards presented at 2pm).
Public welcome!
Celebrate local arts and artists!

Free Weekly Events

Senior Aerobics: Mondays at 10am. Blood pressure & heart rate checks too.

Wood Carving Club: Mondays 5-7pm. Questions? Call Mel at 608-655-4847

Senior Meals: Every Tuesday at 11:30. Please RSVP: 608-837-4644 ext. 112

Smart Start Story Time for Toddlers: Every Thursday at 10am.

Marshall Library
605 Waterloo Rd
Marshall, WI 53559

608-655-3123
marlib.org
staff@marlib.org

Mon, Tu, Wed 9-7
Thurs, Fri 9-5
Sat 9-3